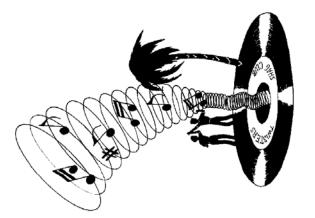
First Class Mail

28031 Twister's Shag Club Cornelius, NC PO Box 2310

November

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Twister's Shag Club

www.GoShagging.com

TSC@Goshagging.com

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Fall Cyclone: Mike Rink (704-892-1114)

Lesson Nights: Nancy Massengill (704-483-7779) Meet And Greet: Susan Dahl (704-528-8005) **Membership: Dianne Harrington (704-873-5776) Newsletter And Publicity: Mike Rink (704-892-1114) Article Assignments: Robin Nantz (704-735-6642)** New Member Spotlight: Wilma Laws (704-872-2651) Personal Messages: Vickie Allen (704-663-5653) Stamps And Labels: Lynn Bullard (704-873-4016)

Upcoming Events: TBA

Photo: Brian Holt (704-201-2238)

Points: Sharon Abernethy 828-428-9625 or rcaska@twave.net

Social: Dean Melton (704-262-7616)

Sunshine: Richard Harrington (704-873-5776)

Web Site: Mike Rink (704-892-1114)

All info must be submitted by the 15th of the preceding month.

Statements in this publication are directed to our members and should not be taken out of context by others. Also, opinions expressed by various authors may not reflect those of our club.

You may re-use items in this publication as long as you credit TSC in your reprint and mail us a copy. (Use address on cover.)

The President's Letter

Hello Fun Bunch,

Well the frost is definitely on the pumpkin and there is a Cyclone in the air! Can you believe Fall Cyclone is only days away? We have a very unusual situation this year. We were a few weeks later than usual mailing out the Cyclone flyers, and the national news spent most of September telling people there was no gasoline in the Lake Norman area. (Thank goodness that is not the case, and gas can be bought for \$2.65.) The result is, we still have tickets left for the Cyclone. Since we are always sold out by now, many people may believe it is too late to purchase tickets. Please let your friends know that tickets are still available. Do you have friends that have expressed an interest in the shag but are hesitant to take that first step? Tell them about Cyclone. What a great way to introduce newcomers to the dance we love.

I want to thank everyone that participated in our first Yard Sale. It was cold and windy but we had a successful day. So far, we have collected over three hundred dollars to help children this Christmas. Our help may be needed more than ever this year. The bonus for me was that I cleaned out a ton of junk!

Dance lessons are going great. Our attendance is a little smaller than usual but the enthusiasm of the participants makes up for the size of the group. I want to thank everyone that is helping with lessons. Even with a smaller group we "run out of men". Guys, come on out on Tuesday night and dance with the ladies.

I hope everyone enjoyed our Member Appreciation Party at Fox Den. If you missed it, we had a good turn out, good music and great fellowship. This is just one way we can thank our members for the hard work they deliver all year.

This newsletter contains some exciting news regarding a new place to dance! Read your newsletter carefully. (Good food, a real bar, good prices and a wooden dance floor. What more can I say?)

Please make sure you attend the November Monthly Meeting. This is the last meeting before Cyclone and we will receive the instructions we need to make this the best Cyclone every. The November club meeting will be at Fat Boys on SUNDAY, November 2nd at 5:30. Come on out and eat. Thanks to the owner, our normal Tuesday night special buffet price will still apply to our group on that day.

See ya on the dance floor.

Frankie

One More Shag Night At Fox Den

Join us for fun on Saturday night, November 1st. for our last currently scheduled shag night at Fox Den. Mike Rink will DJ.

Daylight Savings Time Ends

Don't forget to change your clocks on November 2nd. That means you'll get an extra hour of sleep after dancing at Fox Den.

Shag Club Meeting News

Our next meeting will be on Sunday, November 2nd at Fat Boys Restaurant (I-77, exit 36) in Mooresville. The business meeting begins at 5:30pm. Members are encouraged to come early and enjoy the buffet.

This is one of our most important meetings of the year. We'll cover final Fall Cyclone details, work assignments, and much more. Please make every effort to attend.

Tom Ellis and Georgia Howell have all submitted applications to join TSC. Each will need to be at our meeting to be voted in. We've also got a few who put in applications recently that still need to attend and be voted in. Come out and meet all of these folks and welcome them into "The Fun Bunch".

New Shag Nights To Begin

The Hideaway Bar And Grill, a new yet familiar location, will start hosting shag nights beginning on Friday, November 14th.

The lounge is the old "Lews" on Highway 150, just west of I-77 exit 36, and directly across the street from Lowes. The strip center that it is in also has a Blooms grocery store and a Queen City TV and Appliance store.

Many of you many remember "Teddy" who opened Acropolis in Cornelius. Then, he opened Lews. At some point, he moved and leased out the facility to some folks. Now, Teddy has taken the facility back over with a partner (Ralph).

Recently, Ralph mentioned that he sure would like to attract a shag crowd to his lounge. The problem, we told him, was that he did not have a wood floor. Surprise! Two days later Ralph called to tell us that a wood floor would be installed over the entire main room within the week.

Those who have been in this facility will recall that a second room is on the right as you walk in. Recently, large window style openings were cut into the wall so the two sides are more "together". But Ralph has told us if the shag crowds grow like he expects, the wall will be coming down!

Teddy has tweaked the menu and it features many very affordable items including burgers, sandwiches, subs, salads, and a nice selection of appetizers. For the heavier appetite you'll find seafood and chicken dishes, pasta and pizzas. Don't miss their awesome onion rings or chicken fingers. Their Malt Shop Burger is a favorite. The regular French fries are great and the mediterranean fries (like homemade chips) are too.

Great adult beverages at low prices add to the experience. You'll find it all in a cozy lounge with nice flat screen TV's and a friendly staff.

Hideaway Bar And Grill has Poker Nights, Top 40 Dance Nights, Karaoke Nights, and soon... Shag Nights during the week!

Don't miss the big shag night kickoff on Friday, November the 14th. We'll plan to make it a post Cyclone 18 party that night to celebrate the success of our 18th annual event. Be there for fun and to see your friends.

THIS PARTY IS BIGGER, BETTER AND ... ALL INCLUSIVES

JOIN ALL YOUR FRIENDS AT THE YEAR'S MOST ANTICIPATED PARTY



DO NOT MISS OUT ON THE BEST PARTY VALUE AND BARGAIN IN THE SHAG WORLD

FALL CYCLONE 18

An Annual Reunion Of Great Music, Dancing, Friends And Fun Hosted By Twister's Shag Club On November 7-9, 2008 At The Old Mooresville Skating Rink (Great Hardwood Floor)

DJ's FRIOAY Farrell Watts -- Mike Rink SATUROAY TBA DJ -- Wilkie Whaley
Betty Brown -- Clyde Waller SUNOAY Eddie Teeter And Fast Eddie Thompson
Sunday Morning We Feature THE FANTASTIC SHAKERS For Great Wrap-Up Fun

\star special performance by the national shag dance championship team \star

 \star THE CYCLONE ALWAYS GIVES YOU MUCH MORE FOR YOUR MONEY \star

FREE Workshops By Ellen Taylor, Jason + Holly Cagle and Gene + Nancy Pope

FREE munchies, plus late night pastries & coffee
FREE breakfast cooked on site Sunday morning
FREE adult beverages <u>all weekend</u>

We also serve a hotdog lunch on Saturday for donations to help needy kids or junior shaggers!

Hours: Fri 8pm-1am Sat 10:30am-1am (Workshops at 11am, 12pm, 1pm) Sun 9:30am-2pm

THE CYCLONE FEATURES MORE FREEBIES, MORE FUN AND MORE OF YOUR FRIENDS

E-mail: Cyclone18@GoShagging.com 24 Hour Information Hotline: 704-892-9044

For accurate, updated info about our party, visit www.GoShagging.com

\$119	704-660-7700	North. Toward Statesville	
\$99	704-664-4900	North, Toward Statesville	
es \$89	704-662-6900	1 8	
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\$72	704-664-6556	5 4 3 6	
\$70	704-662-6188		
\$68	704-664-6100	This map is not to scale!	
NOTE 1: To get these discounts and a room within our block (which includes our shuttle pass), you must contact the batcle using these numbers and tall them.			
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block (which includes our shuttle pass), you <u>must</u> contact the hotels using these numbers and tell them up front you are attending the shag party when making a reservation. **NOTE 2:** Any reservation cancelled less than 14 DAYS in ad

NOTE 2: Any reservation cancelled less than 14 DAYS in advance will result in a one-night charge!

NOTE 3: Each hotel will fill up on a different date. For regularly updated facts about room (or ticket) availability, motel photos, and for many other party details, visit: www.GoShagging.com

Don't drink & drive! Shuttle buses make non-stop trips to and from the rink Friday and Saturday.

Name(s):		
		Primary
Phone: -	 Full E-mail:	

THE CYCLONE IS SO MUCH FUN IT WILL ... BLOW YOU AWAY.

Final 2008 Fall Cyclone Update

As we go to press, over 65 different shag clubs are represented by ticket sales. (For details, visit www.goshagging.com.) We've also sold roughly 800 tickets. So, another huge party is coming soon!

As our President noted in her letter, the national news reports about gasoline, the weak economy, and our club sending out our party flyers later than normal his year have resulted in us having some tickets left to sell at this late date for the first time in many years. So, please continue to pass out flyers, forward emails, and spread the word about the Cyclone whenever you can so everyone who wants to come gets that opportunity.

This year's party will be better than ever. Look for us to have some of the best raffle prizes ever at this year's party. Plus, the Shoe Center from NMB is going to be there this year. They are promising a great variety, and some of the best prices they have ever offered. Add in the National Shag Dance Team and some other goodies and you'll understand why this will be a very memorable event for TSC members and our guests.

We expect to hand out final work assignments at the club meeting on Sunday night. (If you aren't signed up to help, please contact Sharon Abernethy at 828-428-9625 immediately.)

We'll be ready to answer any questions you have about the big event at our meeting. So please don't miss it.

If you know anyone who has other questions about our party, or needs a flyer, please refer them to our club web site.

www.Goshagging.com is the only place to get accurate, up-todate official information about our party. This includes information about available tickets and rooms. (Tickets are still available unless our web site says that we are sold out!)

Get ready, because the year's biggest and best party is almost here!

More Benefits Of Working The Cyclone

By Frankie Johnson

- Need a manicure? Work the beer bar and your hands will be nice and soft (and also frozen) from fishing all that beer out of the ice.
- No need for a facial. Stirring steaming grits will take the place of your weekly facial.
- Missed your work-out? Lifting trash bags and stirring eggs will build up those muscles.
- Can't cook? Sign up for breakfast and learn some tricks from Diane and Richard.
- Need to practice your flirting skills? Sell raffle tickets!
- Worried about wrinkles? Work registration. It takes fewer muscles to smile than frown and you can't help but smile when you are greeting people.
- Need to hone carpenter/electrical/plumbing skills? Do set-up.
- Lonely and want to meet new people? Hospitality is for you. Walk around and welcome everyone to Fall Cyclone.
- Need a dance partner? Again, hospitality is your thing. Ask our guests to dance.
- Need help with weight control? Bring your leftover Halloween candy for the Munchies Committee.
- Thinking about working retail for a little extra Christmas cash? Practice by selling shirts.
- Insomnia? Don't worry. You'll sleep like a baby Sunday night.

All joking aside, you will meet great people and learn what it is like to be part of hosting the best shag party ever. Our dance and our culture will survive if we continue to bring shaggers together for fun and fellowship.

Save Your Leftover Halloween Candy

By Bob Rea

This is a reminder to all of our members to please save your leftover Halloween candy for the Fall Cyclone Munchies Committee. The candy is a good compliment to all of the food that we provide. The club buys some candy, but we can always use a lot more quantity and variety.

Please bring it with you for the Thursday Cyclone setup night or Friday before the Cyclone starts and give it to Bob or Cindy Rea.

The Twister's Yard Sale

By Charlie Binder

On Saturday morning, October 18th, the alarm clock went off at 6:00am. It was totally dark outside and it took me a while to get my bearings. (Having been retired for some time, I've grown accustomed to leisurely waking up when I wanted to!)

After a quick shower, a cup of coffee and the final packing of the car with former treasures, Iris and I were off and running to the Twister's Yard sale. Arriving at the scene we saw that a few hardy souls that had gotten there earlier (gee, the sun hadn't even risen yet) and set up tables. Vicky Allen was passing out doughnuts and already had set up a table to collect monies from the sales.

We battled the crowds (well people drifted in all morning) and the gusting wind (which wanted to knock over some displays) until noon when we decided to call it quits. Then we carefully packed the unsold treasures and trucked them off to the nearby Goodwill.

In addition to making space in our closets and garages, it's great to know we raised a few hundred dollars for the needy children, managed to keep warm, had many laughs, shared many stories, and continued the friendship bonds that make this club so worthwhile!

I'm proud of the diehard Twister's club members that gave up their Saturday morning to help others!

What's Happening In The Shag World

GoShagging.com Has More Items And Details!

Note: Party flyers & club mail can be viewed at monthly meetings.

Nov 1: Benefit hosted by Lexington Shaggers. \$10-\$12. Features The Poor Souls. 336-357-0011 or lexingtonshaggers@yahoo.com.

Nov 2: Special TSC Business Meeting starts at 5:30pm.

Nov 7-9: The Fall Cyclone. Don't miss the year's best party. A flyer is in this issue. More details are on www.goshagging.com.

Nov 11: Fall Dance hosted by the Monroe Shag Club. \$5. DJ Gene Sistare. 704-764-8808 or webmaster@monroeshagclub.com.

Nov 15: Monthly party Hosted by Brushy Mountain Shag Club. \$6. DJ: Mac Mast. 336-838-4144 or hauser013@aol.com.

Nov 15: Lancaster Shag Club Party. \$5. DJ Roger Holcomb. 803-286-5694 or lancastershagclub.com or double_517@yahoo.com.

Nov 15: Thanksgiving Party hosted by Sandy Beach Shag Club. \$7. DJ Johnny B. 828-438-8906 or rsmorley55@hotmail.com.

November 21-22: 27th Annual Columbia Invitational hosted by Columbia Shag Club. \$50. DJs Butch Metcalf, Butch Davidson, Billy Waldrep, John Smith and Ed Timberlake. 803-755-0569 or mariegammy@yahoo.com or www.columbiashagclub.net.

Nov 22: Amateur Shag Contest hosted by Sanford Area Society of Shaggers 919-775-6364 or sandy.forsythe@marelliusa.com.

Dec 13: Monroe Shag Club Christmas Party. \$5. DJ Fast Eddie Thompson. 704-764-8808 or webmaster@monroeshagclub.com.

Dec 13: Lexington Shaggers Party. DJ John Hook. 336-357-0011

Dec 20: Christmas Dinner Party hosted by the Lancaster Shag Club. DJ Gene Sistare. double_517@yahoo.com or 803-286-5694.

Dec 31: TSC's New Year's Eve Party. Details to be announced.

This Month's Birthdays

Tommy Laws	11/03
Libby Teeter	11/05
Frank Melchor	11/07
Tom Ellis	11/09
Brenda Lawing	11/09
Nancy Yancey	11/12
Lyn Smith	11/13
Rodney Broyhill	11/16

Walter Smith	11/17
Kay Howard	11/18
Paul Scaglione	11/18
Nancy Brody	11/19
Greg Long	11/26
Sandi Shear	11/26
Jim Hutson	11/29
Krista Ozga	11/29

Next Month's Birthdays

Phyllis Brown	12/01
Nancy Massengill	12/01
Pam Siege	12/04
Vickie Allen	12/07
Karl Weiss	12/07
Brenda Hatley	12/11
Jan Wiseman	12/11
Claire Erckman	12/13
Marilyn Wagner	12/13

Roger Hammond	12/18
Chris Williams	12/21
Timothy Wozny	12/25
Bob Cella	12/26
Sherry White	12/26
Dan Musgrove	12/27
Gil Algier	12/29
Buzz Holshouser	12/31

Happy Birthday Lyn! Love, Clay

Wishing You A Happy Birthday, Frank Love, Rhonda

Charles

It has been wonderful, it has been Grand! And it will always be so, as long as you are holding my hand!

Happy ninth anniversary. God bless us.

With all my love, Beverly

A Personal Note To TSC Members

From Pam Seige

Thank you everyone for all the calls, e-mails, meals, flowers, cards and, most of all, the prayers. All the cancer was gotten out and I am just fine. The stitches came out yesterday. It is still a little lumpy and red, but I have a green concealer for that. It works wonders! The internal, stitches will dissolve in about 6 weeks and the rest of it will disappear in about 3 months. The doctor and the technician assured me I would not be able to see very much of the line. No permanent scare in a year. He did a great job. It still is tender and at times I accidentally touch it... then yell! The discoloration is almost gone from my eye and I won't be able to blame Geoff for it much longer!

Thanks again. You are angels!

New Member Profiles

By Tommy & Wilma Laws

Jim Thorpe

Welcome Jim Thorpe to the Twister's Fun Bunch! Jim lives in the Mooresville, NC area, has one daughter, and enjoys physical fitness, bass fishing and shagging. A friend of Jim's in Pinehurst, NC suggested he give shagging a try, so he decided to do just that. That same friend was aware of Twister's and suggested he check it out on the internet. As it has turned out that was a good idea. He decided to join the "Fun Bunch".

His decision to join was based on belonging to a group of people that openly welcomed him. Shagging is the most fun he has had in many years! The financial savings that Twister's offers through the various parties, etc., and a newsletter that keeps you informed of shagging events were other big pluses. Jim states that not only is shagging fun, but also a great way to meet wonderful people.

Debbie Hayes

Debbie lives in Iron Station and enjoys exercise, dancing, reading and volunteering. Debbie has always enjoyed all styles of dancing, including some belly dancing. She became interested in the shag after TSC members went to Live After Five in Lincolnton. She had the opportunity to talk with the members after their dance demonstration and was given some TSC brochures. Due to some health problems, exercise is a very important part of Debbie's daily plan and dancing is a fun way to add to it. Her motto is, "Keep Dancing, Keep Living, this will help you to Stay Alive Physically, and Mentally!"

Dance Lessons

By Nancy Massengill

We had a great turn out for our one-night classes in September. We had lessons and pointers from Jason and Holly Cagle one week and then Jason and Susan Pate Funderburk the next week. They helped us with the Pivot and Boogie Walk techniques.

A new set of dance lessons began recently. We have 34 students in Beginner I, 29 in Beginner II, and 5 in III. A big thank you goes out to all those members who have been coming out to help.

It looks like we have an even bigger crowd of students on the floor since we have so many members in between the newbies. Having someone right there beside you to watch instead of having to try to see around another student to see the instructor really helps the students. So thanks to all of you! Just a reminder for those helping in Beginner I. Make sure you are doing the step the way Frankie and Dennis are teaching it. Any deviation that you may have learned at some point will cause confusion with the beginners.

We will not have "Practice Night" on Nov 4th. We have decided to continue with our lessons on that night and have graduation for this set of lessons one week early on Nov. 18. We will then have a special night of lessons or line dance lessons on Nov. 25.

Queenie's Medical Moment

By Pam Siege

This month's medical moment included a consultation with Pat Bouknight (Merlot Girl). I also tried this out on Diane Brandon. She passed with flying colors. However Brenda Hatley did not pass, giving this a three out of four accuracy rate!

Important Health Advice For Women

- Do you have feelings of inadequacy?
- Do you suffer from shyness?
- Do you sometimes wish you were more assertive?

If you answered yes to any of these questions, ask your doctor or pharmacist about Chardonnay. Chardonnay is the safe, natural way to feel better and more confident about yourself and your actions.

Chardonnay can help ease you out of your shyness and let you tell the world that you're ready and willing to do just about anything.

You will notice the benefits of Chardonnay almost immediately and with a regimen of regular doses you can overcome any obstacles that prevent you from living the life you want to live.

Shyness and awkwardness will be a thing of the past and you will discover many talents you never knew you had. Stop hiding and start living, with Chardonnay.

Chardonnay may not be for everyone. Women who are pregnant or nursing should not use Chardonnay. However, women who wouldn't mind nursing or being pregnant are encouraged to try it.

Side effects may include dizziness, nausea, vomiting, incarceration, erotic lustfulness, loss of motor control, loss of clothing, loss of money, loss of virginity, delusions of grandeur, table dancing, headache, dehydration, dry mouth, and a desire to sing Karaoke and play all-night rounds of Strip Poker, Truth Or Dare, and Naked Twister.

Warnings

The consumption of Chardonnay may make you think you are whispering when you are not. The consumption of Chardonnay may cause you to tell your friends over and over again that you love them. The consumption of Chardonnay may cause you to think you can sing.

The consumption of Chardonnay may lead you to believe that exlovers are really dying for you to telephone them at four in the morning. The consumption of Chardonnay may make you think you can logically converse with members of the opposite sex without spitting. The consumption of Chardonnay may create the illusion that you are tougher, smarter, faster and better looking than most people.

Now just imagine what you could achieve with a good dry red.

Bless our hearts!

SOS Card Sales

2009 SOS Membership cards are now on sale. They will be required to get into the 2009 Mid-Winter, Spring SOS, and Fall SOS events. And many of the discounts available from businesses at the beach are good all year round. You get a discount on SOS Membership as a TSC Member. See our Treasurer to buy yours.

The Next Edition Of The TSC News

Please try to get something in for our next issue. Your thoughts, impressions, or memories of the Cyclone, our lessons, or some TSC event would be great appreciated. Everyone wants to hear from you next month. Don't disappoint them! Start writing now. It's also time for your Christmas wishes and holiday commentary.

The deadline for the December (Christmas) issue will be Wednesday, November 19th. Don't delay. Start writing today!

Gary Lowder

Submitted by Pat Bouknight

When you go to SOS do you feel like your feet do not catch up with you until the morning you have to go home? That's exactly what happens. This Fall Migration was no exception.

We were listening to 94.9 when we here several artists singing at Judies House of Oldies. As we hit Ocean Drive Geoff and Irby had to let Pam and me out on the street at Judies. Jim Quick, Craig Woolard and Gary Lowder were singing outside. We all know who Jim Quick and Craig Woolard are, but who is Gary Lowder? Pam Siege and I graduated high school with Gary. Pam has known Gary since elementary grades. After twenty years of performing Gary Lowder has returned to his southern Carolina roots. Even in high school his was popular for his singing talent. In the 70's Gary was the lead vocalist for the Twilights who later became known as Hot Smokin Brass. This group was Jackie Wilson's back up band. He also performed with the Drifters, The Four Tops, Ben E. King, The Shirells, Frankie Vallie, Wilson Picket, The Righteous Brothers and the list goes on. During SOS he performed at several clubs.

He now lives at Ocean Isles and is a regular performer at the beach now. In the early nineties, he produced his first contemporary gospel CD "Lead Us On" a funky R&B collection. He has a new CD release now called "Shag Bag." You can find this release at Judies or at any place that sells beach music. You can check out his website out at www.garylowdermusic.com.

We had not seen Gary since we graduated high school, and I'm not going to tell how many years ago that was! Needless to say most of us have changed in appearance and size. After we checked out Jim Quick and said hello to Craig Woolard with a questionable smile we asked him where Gary was. There he was right behind Craig Woolard. After a moment of "Who are you?" he remembered us.

Before we left Gary he gave us his "Shag Bag" and "Lead Us On" Cds. So the next time you hear the name Gary Lowder you will know he's back singing that beach and shag music again.

Fall SOS

By Brenda Hatley

Arnold and I didn't get to the beach for SOS until Wednesday night. We miss the shooter party at Ducks each SOS, but maybe when I retire we will be able to get there earlier to join the rest of TSC members. I know you have a good time without us anyway.

Thursday I got to join the ladies at the golf course so we can go to the Silver Coast Winery. This year there was 5 ladies (Frances, Pam, Pat, Beverly and me) that went to the winery. We missed Diane Brandon being with us this fall. We had a great time and then went to lunch at the Tea Room in Calabash. This was the first time for me (going to a tea room). The food, fellowship, laughter and fun were great with the Group Therapy Sisters. The ones that couldn't be with us this fall were greatly missed by all.

Thursday and Friday night we danced at the Spanish Galleon and enjoyed being with our friends. Then Saturday was the tea party. The food and the music were very good.

For the past several years we have been staying with two couples from the Salisbury Shag Club (Richard and Gladys Dillon and Gary and Wanda Bradshaw) and Al and Diane Brandon in a four bedroom condo. This fall we missed the Brandon's joining us at the beach. Diane's mother has been very sick and they couldn't be with us. They were missed by many of their TSC friends and our Salisbury friends. Our prayers are with the Brandons.

Any TSC Member who has not signed up to help with the Fall Cyclone should contact Sharon Abernethy now at rcaska@twave.net or 828-428-9625

Tips From the Dance Floor

By Frankie Johnson

Some time back, Holly and Jason Cagle conducted a lesson on the Pivot for our club. Frances Smith and Iris Binder wrote an article about the lesson for our newsletter. The article has some great advice on improving the pivot and is worth reprinting. Thank you Holly, Jason, Frances and Iris.

All About the Pivot

By Frances Smith and Iris Binder

Just in case you missed the recent shag lesson given by Holly and Jason Cagle at Fat Boys, we took some notes for you. The next time we have guest instructors, maybe you can help out!

Improving the Pivot

- Posture is important. Stand upright, head over shoulders, shoulders over hips, hips over feet.
- On step "one", don't lean forward and look down as if you were stepping out in the Lindy. Stay up.
- Dig step guys. Don't step forward. Step back with your right foot crossed behind your left.
- Where your eyes are looking, your body will follow so... pick out an imaginary spot on your partner's left shoulder, and immediately turn your head to the right and keep your gaze on that spot while executing the turn.
- Men, let her come to you. Bring your hand straight back to left holster position and lock it in.
- Don't worry about how far around you get on step "one". That's an easy fix on the remaining steps.
- Hold your pivot box steady and allow some room to move and breathe. Men, don't pull her in too tightly.
- Ladies place you hand at a comfortable position on his right arm or shoulder. Not draped around his neck. Gentlemen, place your hand at her waist or center of back.
- Most mistakes happen on the first step. So fix that one and your whole pivot will improve.

Anyone for Tea?

By Pat Bouknight

We keep talking about the great time the ladies have while the golfers play golf. Once again the ladies decided to go to Silver Coast Winery on Thursday while the golfers played golf all day. As the golfers teed off the ladies started their adventure. Every time we go to a vineyard we have to taste their wine and shop in their gift shop. No big deal except for one lady that only had a piece of pound cake for breakfast. She had a whopping good time. As we left the vineyard we asked for a place to eat lunch. Last year we ate seafood at Calabash. This year we wanted a lighter lunch. A lady at Silver Coast suggested The Tea Room in Calabash.

If you have never been to an English tea you have missed a truly entertaining yet interesting lunch. We had what you call light tea. This is served in the afternoon on lower tables with a salad, tea sandwiches, scones, and desserts. High tea is served in the evening on high tables with the more meat and potato menu. They had a whole page of different teas to choose from. All the tables were set with different tea sets with not a dish having a matching pattern. Even all the dainty napkins were different. The tea room had ladies hats, gloves, and boas so you could dress the part if you wanted to. As we left the Tea Room they also had a gift shop that you could find extraordinary gifts for that person that is hard to please.

We had a little time before the golfers would be finished so we decided to go to La Belle Amie Vineyard. Our driver, Frances Smith, had never been to La Belle Amie. It was time for more tasting or shopping in their huge gift shop. La Belle Amie has the most unique shop. You can find gifts for men and women there. The more you look the more you find. We were not ready to leave when we got a call that the golfers were finished. Some of the men came to La Belle Amie to pick up their wives. Frances was wonderful and took the rest of us back to our condos.

Thank you Frances for driving the ladies each time we head out for our ladies' outing at SOS.

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