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All hardwood floor in a smoke-free atmosphere.

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**Twister's Shag Club
PO Box 2310
Cornelius, NC 28031**

First Class Mail

Happy Valentine's Day!



**February
2007**

www.GoShagging.com

Twister's Shag Club

Web Site: www.GoShagging.com

Email: TSC@Goshagging.com

24 Hour Hotline (704) 892-9044

PRESIDENT------(704-489-6077)-----Roger Lemmond

VICE-PRESIDENT-----Jeff Firestone

SECRETARY-----Diane Harrington

TREASURER-----Kay Howard

Committee Chairpeople

Cyclone: Mike, Doug & Walter Membership: Jeff Firestone

Social: Dean Melton Photography: TBA

Newsletter, Web Site & Club Correspondence:

Mike Rink (704-892-1114 or use club address on cover)

Our shag club is known as the "Fun Bunch", and it our goal to have fun, first and foremost. We try to include shag news, and party flyers from other clubs in this newsletter. All info must be received by the 15th of the preceding month to be included. We offer \$20 subscriptions to the TSC News for non-members.

Please Note: We do not include flyers and ads from commercial establishments unless they help support our publishing costs by advertising space.

You may re-use items in this publication if you credit TSC in your reprint, and you mail us a copy. (Use address on cover.)

Note: Statements in this publication are directed to members of our shag club, and should not be taken out of context by others. Opinions expressed by authors may not reflect TSC's!

The President's Message

Hello Again TSC Members!

It seems like I was just writing a President's letter yesterday for the January newsletter, and here I go again for February! A month has come and gone in a blink of an eye. I guess the old saying "time flies when you're having fun" has a little credibility.

Now for a couple of very important items:

It's renewal time and if you want to continue to belong to one of the best shag clubs around, you need to fill out your renewal form **completely** and turn it in at our February meeting.

Also, it's time to elect new officers for the upcoming year. The nominating committee has put in a lot of time and effort selecting a slate (posted elsewhere in this issue) of possible new officers. If you are thinking about nominating someone else at the meeting, be sure he or she is agreeable and also meets TSC's requirements.

Here are a few other items of interest:

The TSC incentive/reward committee is making progress and we should have a plan finalized by our March meeting.

Once again TSC's dance lessons are going great with a very large turnout. As usual, if you can help, it will be greatly appreciated.

Have you been to Havana yet? Laura and I have been a couple of times and really enjoyed going. It's a great facility and it's always fun to dance and socialize with other TSC members, as well as other shaggers from the area. If you have not been, try to come out on Friday night. I'm sure you'll have a good time.

Don't miss the Superbowl party this weekend, the meeting on Feb 6th, and then the Valentine's Day Party on the 9th. Each will be fun.

As Porky Pig would say, "That's All Folks"! See you soon.

Your Pres,
Roger

Next TSC Meeting: Tuesday Feb. 6th

Don't Miss The Superbowl Party



These nice remote control, NFL Team Trucks will be part of the prizes given away at the party.



Celia Hunter and Mike Turbeville have offered to host this fun event. They live in Mooresville off Highway 150. See our "What's Happening In The Shag World" pages in this newsletter for directions.

Munchies and setups will be provided. Celia is even making homemade chili and cornbread for everyone.

Bring your own adult beverages. Bringing a dessert or something to share is optional, but appreciated.

The party starts at 4pm in conjunction with the pre-game activities. The game starts at 6:25. Prizes based on game score bets, etc.

Come have fun, watch the Superbowl, enjoy their game room, etc.

Sumbitch

Submitted By Bill Blanton

A filthy rich North Carolina man decided that he wanted to throw a party and invited all of his buddies and neighbors. He also invited Leroy, the only redneck in the neighborhood.

He held the party around the pool in the backyard of his mansion. Leroy was having a good time drinking, dancing, eating shrimp, oysters, and BBQ, and flirting with all the women.

At the height of the party the host said, "I have a 10ft man-eating gator in my pool and I'll give a million dollars to anyone who has the nerve to jump in."

The words were barely out of his mouth when there was a loud splash and everyone turned around and saw Leroy in the pool!

Leroy was fighting the gator and kicking its ass! Leroy was jabbing the gator in the eyes with his thumbs, throwing punches, using head butts and choke holds, and biting the gator on the tail. He was flipping the gator through the air like some kind of judo instructor.

The water was churning and splashing everywhere. Both Leroy and the gator were screaming and raising hell. Finally Leroy strangled the gator and let it float to the top like a dime store goldfish. Leroy then slowly climbed out of the pool. Everybody was just staring at him in disbelief.

Finally the host said, "Well, Leroy, I reckon I owe you a million dollars."

"No, that's okay. I don't want it," said Leroy.

The rich man said, "Man, I have to give you something. You won the bet. How about half a million bucks then?"

"No thanks. I don't want it," answered Leroy.

The host said, "Come on, I insist on giving you something. That was amazing. How about a new Porsche and a Rolex and some stock options?"

Again Leroy said, "No".

Confused, the rich man asked, "Well Leroy, then what do you want?"

Leroy said, "I want the name of the sumbitch who pushed me in the pool".

Are you getting a weekly email message, and at least one phone message from TSC each month? If not, please let Mike Rink or Walter Smith know immediately. Thanks!

Twister's Shag Club Presents A VALENTINE'S DAY PARTY



(For Singles And Couples)



Friday, February 9th

At The Havana Social Club, 8pm-1am

DJ: Mike Rink \$5 Per Person

Heavy Hors d'oeuvres

Chocolate Fountain

Prizes



**FREE FLOWER FOR ALL
THE SINGLE LADIES!**

Invite your friends and come out for a great night of fun.

The Havana Social Club has a nice bar with good prices, and a great dance floor. It's smoke-free, too.

The facility is located at 17105 Kenton Place in Cornelius. From I-77, Exit 25, go West 1.3 Miles. Turn right at the light onto West Catawba Ave. Then turn right into Kenton Place. Havana is near Bruster's Ice Cream.

For more information or a map, visit www.goshagging.com or call 704-892-1114.

2007 Nominating Committee

The eight-person 2007 Nominating Committee held three long meetings to evaluate and consider all TSC members for Officer positions in 2007, and to propose a slate of willing and capable candidates for the upcoming election.

As most of you know, a member has to have attended six of our twelve yearly meetings to be considered for office. Based on that, only about 55% of our members qualified to serve you next year.

Shag night attendance, Tuesday night lesson support, participation in TSC parties, help with events, history within TSC (including offices held or committees chaired, etc.), length of time as a member, ability to attend ACSC/SOS meetings, various outside abilities, expertise were just a *few* of each individual's efforts and were considered during the process. This helped narrow the candidates to a smaller set.

Once a group of people were selected for each office, and placed in some type of order by the Committee, Chairperson Greta Moretz began calling potential candidates. For various reasons, a fair number of people could not accept a position at this time in their lives, or felt they were not capable of giving an office the amount of attention in needed and deserved right now. Perhaps some of them will be able to serve in the future. But, again, the number who declined to serve cut the list of candidates even more.

Still, the Committee was able to narrow things down and propose a slate of willing individuals who each have the desire and talent to do a great job leading TSC in the coming year. They are:

President – Kathy Thompson
Vice-President – Frankie Johnson
Treasurer – Greta Moretz
Secretary – Sharon Abernathy

The election will be held at the February meeting at Fat Boys on the 6th. Please plan to be there and help select our 2007 officers.

Our Newsletter And Web Site

By Mike Rink

A lot of changes are underway and being planned for our newsletter and web site. You probably don't notice any difference in the appearance of your newsletter this month, but the process used to create it was significantly changed. In addition, the TSC News is now available on our web site (www.goshagging.com). Although we will continue to mail you a paper copy of the newsletter, members, guests and web visitors will be able to read our publication online. This might help entice more people to participate in our lessons, and our activities, and to join our club.

Another advantage will be that any flyer or photo that is in color, but appears in our newsletter in "black and white" will be available in its original full-color format in the online version.

On our web site, we're working to make sure the paries listed on our "More Events" page include a link to an actual flyer. *When a club sends us a PDF file of their flyer, it makes that much easier.* That will give you more info, and more details about each event. We also hope to have a process in place, soon, to upload our photos to our web site using a much less time-consuming process. Right now, each individual photo has to be "cropped, resized, and formatted" before being placed into a specially created "photo album". It can take five minutes just preparing a single photo. Multiply that by a set of 20-40 photos, and you can see why we haven't had a lot of photos on our web site in some time.

You haven't given me much input about the web site. What would you like to see included? Is there something we should add, or something we should remove? What web sites do you visit that others might like to see? I can add a link on our site.

There is a Web Site Committee this coming year, and I hope you join it. We need input that helps improve our site, and makes it more useful to our members, and our guests. Finally, if you have a suggestion about our newsletter or web site, or know any software programs that could help with our efforts, please let me know.

Havana's Upcoming DJ Schedule

February 2: Roy Childress

February 9: Mike Rink

February 16: To Be Announced

February 23: Fast Eddie Thompson

March 2: Clyde Waller

March 9: Wilkie Whaley

Get Your 2007 SOS Cards

The 2007 SOS cards are still available. TSC members (only) can get one from our Club for only \$25. (They will cost \$35 at the beach, or through SOS.) You can also buy one for your non-TSC member friends for \$30.

There are advantages of getting your SOS card (membership) through TSC. First, you get a \$10 discount.

Secondly, you ensure that your contact information, and address are correctly entered into the SOS database, thereby ensuring you get the mailed out versions of the SOS Carefree Times magazine.

Third, you can start getting discounts at beach businesses, and other benefits now!

If you didn't go to Mid-Winter, now is the time to get your 2007 card. You can even do it when you renew your TSC membership.

An Open Invitation

From Pete Riley

I belong to the Charlotte Woodcarving Club. We have a show on February 17-18 at St. Ann's Catholic Church, at 3635 Park Road in Charlotte. It's from 10am-4pm both days. Admission is free.

I hope some of you can make the show and see some beautiful carvings. Check out this web site: www.charlottewoodcarvers.com

Shag World And Other News

- Our sympathy is extended to Jimmy Melton and his family due to the loss of Jimmy's mother.
- Congratulations to Lee Cavin who graduated from the Concord Fire Academy on January 12, 2007. Lee will be working out of the Fire Station #3 off Hwy 601 and Hwy 29, in Concord. He is also a volunteer for the Cornelius Fire Department.

In his "spare" time during the summer months, Lee serves as a member of the Lake Norman Coast Guard and is a part-time EMT at Carowinds.

- Another internet "chain letter" is making the rounds claiming that anyone who allows their vehicle inspection sticker to expire will receive a \$250 fine. Like 99.99% of the virus warnings, requests for help, offers of free stuff if you forward a note to enough people, and other internet chain letters, this one is mostly a fake. In this case, the only bit of truth in this note is that there is a fine, and it is \$250. But the fine only applies if you are *four months late*.

When you forward notes to everyone in your email address book, spammers intercept the notes and "harvest" all of the email addresses that appear at the top of them for use in their next round of spam messages. (Internet mail can be intercepted, and is not secure in any way.)

The fact is that spammers create many of these hoax letters, and put everything they can think of (my friend is a lawyer, I saw it on CNN, wait until you see what pops up on your screen, if you believe in God... etc., etc.) in them to make you think they are true, or to make you want to send them to your friends. If your friends really are your "friends, do them a favor and immediately delete the note. Also, learn how to use ".bcc" instead of "to" when you address a note. It keeps addresses from showing up in your notes. Remember, anyone can claim something is true, but with just a few minutes research you can find out for sure before you add someone to another spam list!

Member Spotlight - Jean Cauthen

By Tim Davis And Ellen Gordan Kidda

Where were you born? Where did you attend high school?

I was born and raised in Kannapolis. I attended A.L. Brown High School and Wingate College.

Tell us something about yourself?

I've worked in the medical field for 30 years and I am currently working at North-East Orthopedics in Concord as a supervisor.

I have two children, a daughter (22) in college, and a son (18) who's a senior in high school.

How did you become familiar with shagging and shag music.

I got involved in shag about 15 years ago and was a member of two other, local shag Clubs. As my kids got older and busier, I just didn't have time for my interests. After finding myself single again after 23 years of marriage, I wanted to get involved in shag again to get out of the house.

Can you tell us about your interest in Twister's or anything of your involvement and memories as a Twister's Shag Club Member?

I've thoroughly enjoyed meeting everyone involved with Twister's, and loved getting re-acquainted with shagging. I went to my first SOS last Spring and loved it, and hope to go to the Spring and Fall SOS this year. I also attended and worked my first Cyclone in November. I really loved getting to work with, and to know members I had not met at previous meetings. I'm very proud to be a member of Twister's Shag Club.

Do you have a favorite song or two, and a favorite beach music artist or group?

I really love all types of beach music, but a few of my favorite are Big John Thompson (Over the Rainbow), Craig Woolard Band, Tim Cashion, and all the old stuff by the Drifters.

I also like Cornelius Brothers, Tams, Chairmen of the Board, and Marvin Gaye (Especially "Come Get to This"). My absolute favorite song is "At Last" by Etta James.

What else is going on in your life that you can share with us.

I'm hoping to move to the Huntersville area within the next year or so (unless I can figure out how to move to the beach). I'm looking forward to meeting more new friends and having many years of fun with Twister's Shag club.

BLT Dip Recipe

By Ellen Kidida

No cook needs more than a couple of really good party dips in their repertoire, but here's one you might like to consider.

Guys go for it because it's hearty. The ladies like it because it makes an attractive presentation. Everybody likes it because it's good! It's perfect for a Super Bowl Party

Combine and refrigerate 5 – 24 hrs:

- ½ c. mayonnaise
- 1 ½ c. sour cream
- ½ t. garlic powder
- ½ t. onion powder

Remove 1 hr. before guests arrive. Add:

- 2 c. chopped baby arugula, stems removed
- 18 slices bacon, cooled and crumbled
- 4 tomatoes, diced fine

Serve with bread sticks, melba toasts, or crackers.

The dark green of arugula and chopped red tomato give it a very fresh appeal. Leave some tomato and arugula on top and just partially stirred in for maximum effect.

Mid-Winter At the Beach

Gil Algier

This was my first Mid-Winter and it was almost as much fun as SOS in September. It probably would have been more fun if both Maggie and I had felt better. However, we still had a ball.

The weather was fantastic (Who would believe mid 70's in January?), and the tea party was great, as always. From a newcomer to SOS it's hard to explain to non-shaggers how much fun we have, even on dance floors so crowded you can barely move. I now understand why Chuck pushed "the slot" in Beginner dance lessons.

I hope to get in at least a few days of SOS in April. For those who missed Mid-Winter, plan for next year. You won't be disappointed.

Our New Home

By Sherry Eason

Ross and I just love going dancing at the Havana Social Club on Friday nights. The floor is big and clean. There is also more seating available than we ever had before. The staff is very nice and accommodating and constantly asks for input on making things even better for us.

I truly feel that our business is appreciated. The other patrons who come to Havana come to dance, not just to hang out in a bar. We truly feel at home there, not like they are putting up with us, but that they truly want us there. I hope we keep up this relationship for a very long time. We are going on a vacation and will miss most of February Fridays, but we will be looking forward to coming back home to Havana!

Also, kudos to the New Year's Eve Party committee. We had a great time. The music, food, dancing and companionship could not be beat. The breakfast was a wonderful new tradition. Thanks for a great evening!

We Need To Hear From You

It's a funny thing... there is always someone who has an opinion that they can't wait to share. But give them a chance to express it in an appropriate setting, and even *ask* them to do it, and they won't say anything. Sound nutty? It is, but it happens. The 2007 TSC Membership Renewal Form has two questions that members are *required* to answer. They involve an event (either one we already do, or a new one) that you would like to see TSC host, and a suggestion that might improve TSC. Please use this opportunity to enhance TSC by making sure that you answer these questions. The Officers and club leaders *want* your feedback. They need it to plan the social calendar for 2007, and to keep improving your club.

This Month's Birthdays

John Grice	02/01	Celia Hunter	02/21
Al Brandon	02/03	Jane Parsons	02/21
Frankie Johnson	02/15	Charles Binder	02/23
Arthur Killian	02/17	Tim Davis	02/26
Beverly Munday	02/20	Wanda Paulson	02/28

Next Month's Birthdays

Susan Dahl	03/03	Gene Hunter	03/08
Mike Turbeville	03/03	Margaret Hosford	03/15
Doris Black	03/04	Jim Hill	03/18
Richard Harrington	03/04	Bill Hale	03/25
Doug Honeycutt	03/04	Joanne Sloop	03/26
Dianne Harrington	03/08	Margaret Hutson	03/30
		Pete Riley	03/30

Items Of Note For This Month

- The Superbowl party is this coming Sunday, February 4th
- The TSC monthly business meeting will be Tuesday, February 6th at Fat Boys. Dance before and after the meeting.
- Deadline for the March newsletter is Tuesday, February 20th
- All TSC Memberships expire at the end of this month.

What's Happening In The Shag World

GoShagging.com Has More Items And Details!

Note: Party flyers & club mail can be viewed at our monthly meeting.

Feb 2-3: Beth Mitchell Memorial Shag Invitational in Greensboro <http://groups.msn.com/GreaterTriadShagClub/bethmitchellmemorialshagcontest.msnw>. 336-299-6859 or mmadrin@hotmail.com.

Feb 2-4: Foothills Winter Boogie hosted by Lake Hickory Shag Club. \$45. DJ's Clyde Waller, Norman Mills, Walter Upchurch and Terry Hopper. Free food, free pours, free Sam & Lisa West workshop. 828-324-6122 or amsigmon@charter.net for more info.

Feb 3: Vinyl Party in Florence, SC for the Shriner's Hospital.

Feb 4: Superbowl Party hosted by Celia Hunter and Mike Turbeville. See article in this newsletter for details. Party starts at 4pm with the pre-game activities. The game starts at 6:25.

Address: 305 Riverwood Road, Mooresville

From I-77, exit 36, go West about 3.5 miles. Turn left on McCrary Road (Lumber Depot on corner, Big Daddy's across the road) Go to end of McCrary and turn right on Riverwood. The house is about 1/2 mile down on the left. There is a circular drive - park in center (natural area) or next door at 307 Riverwood Road. Call 704-664-2639 for more info.

Feb 6: TSC Monthly Meeting at Fat Boys. Social and music starts at 7pm. The meeting is at 8pm. Music, dancing and socializing will follow the meeting. This is election month, and TSC officers will be selected. Please plan to be there.

Feb 9-10: Winter Shag Blast in Wrightsville Beach, NC. Hosted by Capital Area Shag Club. \$45. DJ's Randy Sting, Gary Gibson, Bill Himes, Jimmy Pearce, Clyde Waller. There will be food, hospitality room, vendors, shag workshop with Jeff Hargett and Nickki Kontoulas included. www.capitalareashagclub.com, cascsocial@hotmail.com or 919-872-5335 for more info.

What's Happening In The Shag World

GoShagging.com Has More Items And Details!

Note: Party flyers & club mail can be viewed at our monthly meeting.

Feb 9: Valentine's Day Dance For Singles AND Couples, at the Havana Social Club in Cornelius. \$5. DJ Mike Rink. Free food, fun, friends and more... all included. Come dance the night away with all of your friends.

Feb 10: Meals on Wheels benefit hosted by Burlington Shag Club. \$25-\$45. DJ's Judy Collins, David Tuttle and Roy Childress. Featuring the Coastline Band, www.burlingtonshagclub.com, windmill@triad.rr.com, or 336-585-1118 for more info.

Feb 10: Valentine's Party in hosted by Gaston Shaggers. \$6. DJ: Tommy Samole. 704-827-1770 or patsyfuller@carolina.rr.com.

Feb 15-17: Chicken Pickin' by the Sea in North Myrtle Beach, SC. Hosted by Lake Norman Shag Club. \$35. DJ's Jerry Burrage, John Smith, Kyle Beam, Butch Metcalf, Tootie Brown, Gene Hensley and Ed Timberlake. 704-822-6861 or bundyj@bellsouth.net.

Feb 17: Shaggers United hosted by Salisbury Shag Club. \$5. DJ's Gene Briles, Butch Maddox, Ken McGee, Tim Felts, Danny Scott and Curtis Treece. 704-279-2041 or rfrench2@carolina.rr.com.

Feb 17: My Funny Valentine Dance hosted by Lancaster Shag Club. \$5. DJ: Gene Sistare. Raffle basket, 50/50 drawing, appetizers, cash bar. 803-286-5694 or double_517@yahoo.com.

Feb 23-24: 2007 ACSC Winter Workshop in Mt. Pleasant, SC. Hosted by Islander Shag Club. Tickets \$60. Day tickets available. DJ's Jim Bowers, Betty Brown, Larry Calhoun, Murl Augustine and Mike Rink. Shag workshop by Ellen Taylor. Early Bird Party Thursday the 22nd at JB Pivots, Visit www.islandersshagclub.com, call 843-762-0850 or send an email to nancystrother@aol.com for more info.

What's Happening In The Shag World

GoShagging.com Has More Items And Details!

Note: Party flyers & club mail can be viewed at our monthly meeting.

March 10: Mardi Gras Party ("Meet the Area Shag Clubs' Party") in Eden, NC hosted by Steppin Out Shag Club. \$5. DJ: Roy Childress. 336-540-2582 or realdj@triad.rr.com for more info.

March 10: St. Patrick's Day Party hosted Gaston Shaggers. DJ: Wilkie Whaley. 704-827-1770 or patsyfuller@carolina.rr.com.

March 17: St. Patty's Day Party hosted by Lancaster Shag Club. \$5. DJ: TBA. 803-286-5694 or double_517@yahoo.com for more.

March 22 - 23: Boogie in the Burgh hosted by Steel City Boogie. \$70. DJ's Joanne Johnson, Tootie Brown, Craig Jennings, Jack Moore, Sue Kestner. 412-825-5168 or jerry@jkovachgroup.com

April 14: Annual "I'd Rather Shag than Pay Taxes" Dance hosted by Danville Shag Club. \$10. DJ Mike Rink. Always a successful event. BYOB, but Set-up's and heavy hors' doeuvres provided. 434-548-4095 or jerrick@dancom.com for more info.

April 21-29: SOS Spring Safari at North Myrtle Beach.

July 18-22: Junior SOS at North Myrtle Beach, SC. For more details, see www.juniorshaggers.com

July 27, 28: Turntable Treasures Vinyl Party hosted by Twister's Shag Club. More details to be announced, soon.

Sept 7, or 8: Pre-SOS Party hosted by Twister's Shag Club.

September 14-23: SOS Fall Migration in North Myrtle Beach.

Nov 2-4: Fall Cyclone hosted by Twister's Shag Club. Multiple DJ's, free shag workshops from pro dancers, free munchies, free meals, non-stop free adult beverages and much, much more. Details will be announced first on www.goshagging.com.

2007 Membership Renewal Form

Note: You Must Fill Out All Sections, And Answer All Questions Or Your Renewal Will NOT Be Processed.

Name(s) _____

If your address, phone or email has changed within the last 12 months, please list it here. If not put "n/a" in the blank, below.

List an activity or event (existing or new) that you would like to see our club host or participate in this coming year:

List one thing that might improve or help TSC in some way:

Is this something that you can/will help TSC do? _____

Put a check beside two or more committees (per member) that you commit to work on and support during the coming year.

His	Hers	Newsletter Committee
		Submit articles and other items.
		Help with member "spotlight" articles.
		Help with b'day wishes & member ads.
		Help with labels, stamps, and mailing.

His	Hers	Web Site Committee
		Submit enhancement ideas, web links, or other items to be included on our site.

His	Hers	Photography Committee
		Take photos and submit them in a timely manner for web and/or newsletter use.

His	Hers	Publicity Committee
		Create and/or distribute flyers to promote TSC or club activities and parties.

His	Hers	Dance Lessons Committee
		I'll teach lessons, or help in some way.

His	Hers	Membership Committee
		Recruit new members, <i>and help with the new member application process.</i>

His	Hers	Other Contributions
		List Here: (Be Specific)

His	Hers	Social Committee
		Committee members will be assigned two or three events to help set up, host, and clean up) You <i>may</i> list a particular event you would like to support (first come, first served), here.

Submitting a renewal form in TSC is a commitment to do everything you can to help TSC succeed and prosper in the coming year including working on your committees, and at the Cyclone.

If you can't meet TSC's membership expectations for participation and support of committees you chose, activities, the Cyclone, etc., you may forfeit membership and become a newsletter subscriber.

Do you want to do this? Yes _____ No _____

If you plan to go to Mid-Winter or the Spring or Fall SOS events, you have to be a SOS member. You can even get a \$10 discount if you renew (or join) through Twister's Shag Club. *You can write one check to TSC for both memberships.*

How many TSC renewals do you want to get at \$20 each? _____

How many S.O.S. Memberships do you want at \$25 each? _____

TSC Member Ads And Special Messages

**Happy Valentine's Day to all my YaYa's and SoSo's!
Love, Dixie**

**Happy Valentine's Day to the love of my life!
Love, Iris**

**Happy Birthday Charlie! You make the world a better
place! You are a great husband and father.
Love, Iris**

**Happy Valentine's Day Maggie!
Gil**

**Happy Valentine's Day, Iris!
I love you so much.
Charlie**

**Happy Birthday Beverly!
Happy Birthday (February 20th) to my loving wife of
six years and five months. I've loved every minute of
it and I look forward to being together, if God be
willing, for an eternity.
Love Always, Charles.**

Membership Information

The people listed below have submitted applications to join TSC. They will need to be at our February meeting to be voted on.

Roger Hammond
Rhonda Hill

Ann Horton
Jim Horton

Rick Thompson
Alfred Waters

New Shag Lesson Schedule

As you have heard or seen, shag lessons on Tuesday nights have been great. Now, we've come up with a plan to make them better. Beginning in March, we'll have a month of more advanced lessons every third month. That means our Beginner I and Beginner II lessons will last two months (like they do now) and then we will have a month of one-night classes. We're hoping that this doesn't scare off those who just finished Beginner I lessons. In fact, the one-night lessons can help them, too. But the main purpose of the one-night classes is to offer something to more accomplished dancers who are looking to learn more. We expect to have some guest instructors on those nights. So, plan to attend them in March!

Ten Reasons to Help with Shag Lessons

By Frankie Johnson

1. You help to keep the music and dance we love alive.
2. You meet new people.
3. You help our club grow.
4. It's a great way to meet single women (or men).
5. It's a great way to practice the basic fundamentals.
6. You become a better dancer/leader because you are not always dancing with the same partner.
7. It's good exercise.
8. It's impossible to worry and dance at the same time, so you always have a good time.
9. You've got to sign up to help with something in this Club, and it might as well be something fun.
10. You get to sample the delicious cakes Vickie Allen bakes for graduation. (Thank you Vickie!)

Queenie's Medical Moments

By Pam Siege

Here it is... a new year! What was your New Year's resolution? Loose weight? Exercise more? Mine was to stop making New Year's resolutions because I never keep them.

My family is crazy about exercising. Geoff has been exercising since before the age that his father had his first heart attack (52). Ben started exercising because he was the smallest in his class. Now, it's because he's going into the Air Force to teach survival to the ones that are going into active duty.

Cassie is a sports nut! She played softball in college and now teaches Health and PE in Middle school and also coaches. Then there is me! They make me feel left out. So I started exercising with them. Geoff calls me a flea arm! I have even heard the term "mush butt" spoken! Well, nobody is going to call me names and leave me out! So, I'm exercising more and feeling better than I ever did!

It really works! I have a long way to go, but at least I've taken the first step! Now when I don't exercise, I miss it!

Did you know exercise will help you:

- sleep better
- lose weight, gain weight, or maintain your weight, depending on your need
- improve your resistance to fight off disease
- lower your risk for cancer
- lower your risk for heart disease
- lower your risk of diabetes
- help increase your HDL (the good cholesterol)

Exercise will help your brain work better, making you remember more, and improving brain power. It is also a good way to help relieve depression.

Here are some more tips about exercising:

- See your doctor before starting an exercise program, especially if you have a known medical problem.
- Listen to your body. Go slow and add to your exercising only when your body feels ready for new programs.
- Be consistent. You need at least 30 minutes a day for weight loss. You also need at least 30 minutes a day for heart health. Walking a little at a slow pace helps, but not very much. Dancing is a form of exercise, but if you do it only once every week or so, it doesn't help as much!
- Try different types of exercise that fit into your lifestyle, and what is right for your body.
- Use discipline. Sometimes you don't feel like it, like coming in after a hard day at work. But if you stick to it, you will feel better and sleep better. You will start to see results in a few weeks if not sooner.
- Stay hydrated. Drink lots of water. Remember, some sports drinks only add a lot of calories and don't really help in keeping your body fit.
- Pain isn't always gain.

So, here's to your health! And always remember, laughter is the best medicine! A cheerful heart is good medicine! (Proverbs 17:22A New International Version.) So stay happy and healthy!

Mid-Winter

By Maggie Hosford

It was my first trip to Mid-Winter and, "Oh what fun". I wasn't feeling all that good, but I had fun anyway. One couple I met put it in the right words. "It's a spring break for adults."

First off, the weather was an unbelievable 75 degrees and sunny in January. The beach was so nice to walk on. It seemed like summer.

While walking through all the clubs, I couldn't believe how many of us older kids were there. Everyone was having such good times. I can't wait to go back in the Spring.

Mid-Winter 2007

By Peggy Cavin

The weather could not have been any more beautiful. It was in the 70's a few days. The people could not have been more friendly, the bars could not have been more crowded, TSC members could not have had any more fun, and the DJ's, well... the music was the best. That is how I would describe Mid-Winter 2007.

A big group of Twister's members started showing up early, in the middle of the week, for what was a great Mid-Winter. We gathered in twosomes, foursomes, and as a club... talking, shagging, and just having fun in general. It doesn't matter how many TSC members are there, "The Fun Bunch" is always having a good time. We project fun wherever we go!

I do not believe that we got in any night before 3 a.m. We cannot go to the beach without closing down a few bars and sharing the late night/early morning breakfast with our favorite waitress; Dottie. Bob Rea won't let us! At breakfast, there's more talk and laughter before we go back to the condo and get a few hours of sleep so we can start all over again the next day.

We had a great Long Island Iced Tea party at the O.D. Café. There were over 50 TSC members and 25 guests who participated. We all enjoyed the music of Wilkie Waley, and Farrell Watts, and the O.D. Café served food that was outstanding.

We want to thank Chris, Patty, Paul and the whole staff for taking care of us, and for all their hard work preparing the sandwiches, wings, desserts etc. Thanks for hosting us in your great place.

Some of us stayed over until Monday and enjoyed the Sunday evening party at the Café. Many shaggers had Monday off as a holiday, and they joined us for a great time.

If you missed this Mid-Winter, you missed one of the best in a long, long time!

Member Spotlight

By Tim Davis And Ellen Kidda

Mike Rink was the lucky TSC Treasure Chest winner last month and, therefore, was chosen for this month's member spotlight.

Where were you born?

Salisbury, NC

Where did you attend school?

North Mecklenburg, in Huntersville, and Wingate College.

Tell us something about growing up?

I was fortunate to travel a fair amount, and do a lot of different things during my childhood. I got to see and do a lot of things. I loved playing sports, but had pretty severe asthma until I was in college that limited my participation during cold weather.

My parents bought a place at Lake James before I was born, so I grew up playing on the lake every summer. We lived in a few different places in NC when I was younger, but settled at Lake Norman (just off what is now exit 28) in 1971. This area has really changed in the 35+ years I have lived here!

How did you become familiar with shagging and shag music.

I've always liked music that is used for shagging, and when some friends said they were going to take shag lessons in Charlotte, I figured it might be something fun to try. Trust me, even though I loved music, I wasn't a dancer at all before that time. Thank goodness for a lounge that had "margarita night" on the same evening as shag lessons. Some private lessons that I took a year or so later from some competitive dancers really helped, too.

Do you have a favorite song or two, and a favorite beach music artist or group?

I'm a big Joe Turner fan. Artists like B.B. King, Clyde McPhatter, and others as well as some of the old groups like the Spiders and The Five Royales are my favorites. I've also enjoyed some of the "rockabilly" stuff put out by artists like Shakin' Stevens. There are songs that fall into all different types of "shag music" that I like. But in general, I like upbeat R&B or blues songs that make you want to get out of your seat and move.

Can you tell us about your interest in Twister's or anything of your involvement and memories as a Twister's Shag Club Member?

That's a long story that could fill a whole newsletter. But briefly, in 1990 an acquaintance's boyfriend became manager of the newly built Twister's Bar at exit 28 (now the Double Door). He asked me to contact the shaggers I knew and tell them about his facility. Most were thrilled to hear that there was finally going to be a nice place in the Lake Norman area to go shagging. A very well-known female shagger from Cornelius suggested forming a shag club that would call the new lounge its home. A lot of area shaggers went to a meeting there, and Twister's Shag Club was formed. I went to that meeting with no intention of even accepting a position on a committee (much less being as an officer) if I was asked. But, as it turned out, I was elected President (at age 32).

I'm proud to be one of the few remaining charter members, 16 years later, and happy to have met so many other good friends and talented people that have been part of TSC. There is no other group of people, and no other club I would rather be associated with.

Tell us about your other interest, your work, your family, etc.?

I really like music. I can't play an instrument, but I can "spin" it. I joined the DJ Association way back in the first year it was formed. I've had an interest in computers since the early 80's. I like to play most all sports. Scuba diving, boating and water skiing have been passions most of my life. I also like firearms and target shooting. I am one of the world's biggest Oakland Raider fans. I'm pretty "lucky" and I love to gamble. I am confident that I will win one of the lottery drawings some day!

I spent 20 years doing some very technical work at a Nuclear Power Plant dealing with Federal regulations, procedures, work practices, personnel performance, quality assurance, etc. I had to look at a multitude of issues and possibilities, and make a lot of decisions based on all of the facts... not what people said or thought. I also had to write technical papers and present them to all levels of management as well as State and Federal regulators. Those reports required me to detail situations and explain why the conclusions I reached were absolutely correct... beyond any doubt. To this day, I can usually size up any situation I encounter (personal or otherwise) correctly in a short amount of time.

My grandmother and mom live on the lake, and I have one younger brother who lives in Charlotte. All of my "children" have been shelties. I've had five of them, and each one was very special.

What else has happened in your life you can share with us.

For a variety of reasons, I feel like I "grew up" faster than a lot of people I knew. Then, my dad died when I was just 27, right before I started shagging. I'm sure he would never have guessed I would be so involved in music and dancing (21 years later).

Share with us a memory you've not yet mentioned in this article.

I have always thought that you should "earn your keep" in an organization if you are going to be part of it.

I have made and helped make significant contributions to TSC, to the Association of Carolina Shag Clubs, and to SOS that most people will never know about. But, that's fine with me. I've never really cared about getting "recognition" for doing stuff.

Still, early on in the history of Twister's Shag Club I was presented a jacket with the club logo on it for my efforts.

Any time your peers do something for you like that, it means a lot. By the way, the person who lead that effort is one of my best friends. I never would have met him if it were not for shagging.

Havana Social Club

By David Kelly

We have a new “home”! It is called Havana Social Club. It is located off I-77 at exit 25. If you haven’t visited Havana yet, you don’t know what you are missing! It has a beautiful, large dance floor and a great atmosphere. Havana is also smoke-free.

Recently, I was talking with Sherry Eason. She summed it up wonderfully. “Havana is a place to dance with a bar, where as most places are bars with a dance floor.” This isn’t meant as an insult to other facilities, it’s just a way of putting things into perspective.

The Board Members should be commended on locating our new home. Now it is up to TSC membership to support it. So tell your friends and family about the Havana Social Club and show your support, not only for Havana but for TSC. As Pat Bouknight told me when I interviewed her for the Member’s Spotlight Article, “You get out of the club, what you are willing to put into it”.

**What is the most important “second opinion”?
Health? Retirement? Asset protection? Long term care?**

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We do first opinions as well!

New Year’s Resolution

By Dianne Harrington

*Editor’s Note: The article was mistakenly left out of a recent issue.
We’re very sorry, Diane!*

This is a great time to tell all my shag club friends how much I wish them the very best holiday! Merry Christmas to you all and happy new year, too! I would like to say how much you all mean to me. Everyone in the shag world brings such joy to my life. I can’t imagine life without their spirit, their fun and happy personalities. How talented they are!

Man, if I could dance as well as some of my friends I wouldn’t have to make a new year’s resolution. But since I don’t even feel close to being able to dance as well, I plan to make that my #1 resolution. I know that some people, like Ellen Taylor, would say it doesn’t matter if you dance like a professional. The real joy is to feel the music and just go with it.

I feel like it would be that much better if I’d get a little serious and learn just enough to feel like I can dance with anyone other than my husband... and still be relaxed and confident in my knowledge of the dance! Does anyone else feel this way? If so, I’d love to hear your story in the next newsletter.

What are we going to do about tearing up the dance floor for 2007?

I plan to start by taking dance lessons again. Even though I have been shagging for some time, my husband and I are in a rut. We do the same few steps and blah, blah... boring! It’s time to step out of the box (but not off the diving board... get it? We’ll stay in our own slot, I promise!) I just hope that my job, family and housework allow me that time to really make that resolution come to fruition! I’m really going to try.

Well let’s hear from you in the next newsletter. Write an article on how to make this happen. I know we will be happier at the next SOS if we can really dance more smoothly. Right?

A Hot Problem

Dean Hajnos

Back during the hottest part of the summer, I helped a friend move. One of the items buried deep in his closet was an almost brand new full-body wetsuit. Since he had gained forty pounds since he bought it, and he knew that I scuba dive, he gave it to me for helping him. When I got home, it was time to try it on. Even in the air conditioning it was getting warmer as I pulled it up to my waist and put on the sleeves. When it was pulled over my shoulders and zipped up I was really overheating. But it fit perfectly.

Now, to get it off. But when I pulled it over one shoulder and tried to pull it over the other shoulder, the first shoulder popped back on. After several failed attempts, it was apparent that wouldn't work. The heat was building.

The next brilliant thought was the refrigerator door handle. But the suit wouldn't stay hooked when I tried to pull it over both shoulders. The next failed attempt was a door handle. The heat continued to build.

I called my neighbor, Dorance, and luckily he was home. But then I had to leave the relative comfort of A/C and venture into the 95-degree heat to get to his house. Part way across the yard I saw my grandmother calling me to "the white light". But I ignored the light and concentrated on Dorance's door. I was somehow able to make it and find the energy to knock. He answered and pulled the wetsuit over my shoulders. Soon I was enjoying the refreshing cool of 95 degrees.

With another catastrophe averted, it was on to find another way to get into trouble. Stay tuned!

We Have Shag Club Throws For Sale

Nothing could be better than a nice, throw blanket with the TSC logo on it. See Frances to get yours for only \$25.

Tea-rrific

By Charlie Binder

Tea-rrific is the best way to describe the "tea party" that Twister's had over Mid Winter at the OD lounge.

The great weather, sunny with January temperatures in the 70's helped to contribute to the overall success of the entire Mid-Winter, but the Tea Party was definitely the highlight of the Mid-Winter festivities.

Wilkey Whaley started the party off by cranking out the tunes while dozens of Twister's danced their feet off on the great wooden dance floor. He was followed by DJ Farrel Watts who kept the party going late to in the evening.

The food was outstanding. A good variety of tasty meatballs, fantastic sandwiches and loads of chicken wings were complimented with a variety of fresh crudities. Jeff and Rochelle Firestone did a great job of getting everybody a tall glass of the special "tea" and Bob Rea made sure that every glass of tea was always full throughout the evening.

This was the best way to enjoy good friends, the music, the dance, terrific food and of course some "tea."

A Great Mid-Winter Celebration

By Janice Musgrove

Hi Twister Club members. We had a great group of club members down at the clubs at North Myrtle Beach for Mid-Winter this year. We could not have asked for better weather, and the time with friends was wonderful. Twister's Shag club kept the OD Café full on both Friday night when Mike did the DJ honors, and on Saturday night during our Tea Party. We were dancing until late into the night.

We loved having time with each of you and hope to get up to Cornelius for a Club meeting, soon.

Mid-Winter And The Tea Party

By Rees Brody

Nancy and I attended our first Mid-Winter, and arrived in time for the Coastline Band at Fat Harold's on Friday. Jim Quick of Coastline is an experience. We've seen him before, and he is quite an entertainer. I think he stopped taking shots of Tequilla at a count of 16.

I was having trouble getting the calendar of events, but ran into Wilma Laws and Laura Lemmond on Friday night and found out the time and location of the Twister's Tea Party. We got to the Tea Party pretty much on time. (Last Fall we arrived late for some reason and missed the Tea Party.) Our plans were to spend a couple of hours at the Tea Party, and then go out for dinner.

Well, problems developed. Every time our cups became half empty, either Jeff Firestone or Bob Rea would come by with a pitcher and refill the cup. I knew I would feel guilty throwing away a half-full cup, so I figured I'd drink a little faster to empty the cup before they came around again. It didn't work. As I sped up, so did Bob and Jeff. I couldn't beat the clock.

After about 3 hours, I knew I had a problem... dinner that night was not going to happen. Fortunately, there was the hors d'oeuvres table that solved the immediate, dinner problem.

At some point late in the evening, TSC stopped serving the tea, and I finally emptied my cup. We stayed till after midnight, but could not last for the pancake house run later that evening (morning?).

The weather was gorgeous the entire weekend. Who would think shorts and t-shirts on the beach in January? We had a blast; food, music, and social were great.

Sunday we were at Fat Harold's for the Shakers. It was another great show.

O.D. was a ghost town on Monday; no lines anyway. Tuesday, we had to leave, exhausted, but making plans for the next return trip.

Now The Shoe Is On The Other Foot

By Walter Smith

Many of you who have known Frances and me for a few years are familiar with the story of how it is that we came to be members of Twister's Shag Club. Since a lot of our members are relatively new, I'll briefly rehash that story.

First of all, you have to understand that I had never danced a day in my life. In fact, I kind of had the opinion that dancing was ... well let's be generous, less than masculine. This opinion was instilled in me by my father (he was well intentioned). Additionally, I faced some serious challenges. Let's see, white, overweight, two left feet and no rhythm. Does that sound about right? Yep. Oh yea, I forgot to mention ... I didn't *want* to do it!

Now given those challenges, what could have possibly enticed me to this new avocation? I'm sure you've already guessed it. Pressure from my spouse. Frances was all gung ho about learning the shag. In fact, about 15 years ago we took lessons from a civic group on Hilton Head. That lasted about a month before I just gave up.

OK, second time around ... It's mid 1998. I've found this new sport that I've really taken an interest in. It was called Cowboy Action Shooting. Now I'm all gung ho about this "game" and start to pick it up in a big way. By this time, I'm starting to travel about every weekend and I've always got someplace to go. As you might imagine, this isn't doing anything for Frances, who is stuck at home doing whatever it is that women do when their husbands are away on the weekends (anybody a golf widow???).

About this time, I inquire of my spouse "What can I do to make up for all of the time that I'm away playing cowboy?" She promptly tells me that she'd sure like it if we could take shag lessons. That way we would have an activity that we could do *together!* OK, I remember the last time we tried this "shag" thing. I placated her by attempting to take the lessons. We (not "me" mind you) decided that I have two left feet and no rhythm and I was out of that game in no time.

Well, I'm thinking, we can just have a repeat of the Hilton Head experience and I'll be off the hook. In fact, I can make it easier than that. I'll go along with the game because I'm betting she can't even find any place that we can take lessons. So I promptly agree!

About a year and a half goes by and I don't hear anything about shagging. I figure I'm off the hook. I've done my part (agreeing to lessons) and she hasn't followed through (finding a place to take them). What could be better? I get my cake and I get to eat it too!

Well, one Saturday afternoon I'm coming back in from a cowboy match and there is Frances, standing in the driveway, looking very excited! I pull up, start pulling out my gear to put it away, and up she walks with a piece of paper in her hand. She's just smiling like a Cheshire cat. I have no idea what's going on, so I inquire. Oh, was that a mistake. It turns out that something called "Twister's Shag Club" had placed a flyer in our paper box about lessons on Tuesday night. Boy, she's really excited. So I agree to go.

I absolutely hated the first couple of months and I proved to myself that I did indeed have two left feet and no rhythm. But Frances was not about to let me welsh on my "deal". I was in it for the long haul. "for better or worse", as the saying goes. The rest is history, of course, because almost six year later I enjoy the whole shagging experience. The friendships I've made during those years will last a lifetime (this from a guy who didn't have too many friends before) and the pleasure that I have spending nights out on the town with my best friend, Frances, are absolutely priceless.

OK, so maybe the above story wasn't too brief, but here's the kicker. Frances, my devoted wife and soul mate, was pretty much completely disinterested in my "other hobby", Cowboy Action Shooting. But here recently, she's picked up some guns and I've taught her how to be safe with them. And now she's now competing in my cowboy games.

In fact, Frances recently shot her first State Championship match in Alabama. We've also went to Roanoke (where we saw our good friends JR and Carolyn Jones (of the Roanoke Shag Club)) and we shot in the Virginia Championship of Cowboy Action Shooting!

Can you believe it? Now both of us "shoot and shag". Boy, it just don't get any better than this.

So... now you know why I entitled this article "The Shoe's on the Other Foot". Next time you see Elm Savannah (oops, I mean Frances), ask her about our cowboy game. She's really starting to get interested and I bet she'll fill your ears with what she's up too.

Until then, Shag-4-Fun!

Hoss Blocker (oops, I mean Walter)



We would like to thank the staff, and all of the DJ's at WSGE for helping to keep the shag world going by playing our kind of music. We appreciate your efforts.